

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Apr 1, 2025 thru Apr 4, 2025

EL Classroom Breakfast #2

Generated on: 4/2/2025 8:18:06 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/01/2025																
EL Classroom Breakfast #2	Total	5000														
Muffins, Blue-Buena Vista 22	1 ea	5000	230	25	240	2.00	1.80	20.0	85	0.0	17	4.0	39.0	7.0	1.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			381	34	427	2.41	1.93	286.4	931	1.84	41 43.6%	12.69 13.3%	64.49 67.7%	8.16 19.3%	1.65 3.9%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Wed - 04/02/2025																
EL Classroom Breakfast #2	Total	5000														
Sndwich Chx & Sausage 2020	serving	5000	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	4999	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			318	35	498	3.33	1.10	370.0	944	0.00	26 32.2%	18.10 22.8%	43.24 54.5%	7.40 21.0%	3.20 9.1%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

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Rialto Unified School District

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/03/2025																
EL Classroom Breakfast #2	Total	4950														
BAR, DOUBLE CHOC CHIP	1 EACH	4950	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	4949	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			424	9	416	7.00	2.88	290.6	953	123.60	44	13.40	73.58	9.01	3.11	0.00
% of Calories											41.5%	12.6%	69.4%	19.1%	6.6%	0.0%
Nutrient Guideline			350-500		540										<10.00	
Fri - 04/04/2025																
EL Classroom Breakfast #2	Total	4950														
Concha, WG WHITE-'24	each(2G)	4950	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	4949	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			375	11	310	2.00	1.80	259.1	1110	30.00	41	14.06	67.64	6.15	1.59	0.00
% of Calories											43.4%	15.0%	72.1%	14.8%	3.8%	0.0%
Nutrient Guideline			350-500		540										<10.00	
Weighted Average			374	22	413	3.69	1.93	301.5	984	38.86	38	14.56	62.23	7.68	2.39	0.00
											91.2%	15.6%	66.5%	18.5%	5.7%	0.0%

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Base Menu Spreadsheet

Portion Values - Detailed

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EL Classroom Breakfast #2

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) Miss Data	Sodm (mg) Shortfall	Fiber (g) Overage	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	374		350 - 500	100%													
Cholesterol (mg)	22																
Sodium 1 (mg)	413		540	76%													
Fiber (g)	3.69																
Iron (mg)	1.93																
Calcium (mg)	301.5																
Vitamin A (IU)	984																
Sugars (g)	38	40.52%															
Vitamin C (mg)	38.86																
Protein (g)	14.56	15.56%															
Carbohydrate (g)	62.23	66.50%															
Total Fat (g)	7.68	18.47%															
Saturated Fat (g)	2.39	5.74%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Apr 7, 2025 thru Apr 11, 2025

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/07/2025																
EL Classroom Breakfast #2	Total	4950														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	4950	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4950	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			520	26	446	6.00	1.80	229.1	1200	0.00	65 49.8%	13.06 10.0%	94.64 72.8%	9.15 15.8%	3.09 5.3%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 04/08/2025																
EL Classroom Breakfast #2	Total	4950														
Cinnamon Swirls, WG 2024	Serving	4950	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	4950	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			475	16	346	3.00	0.36	708.8	970	30.01	56 46.9%	14.06 11.8%	82.61 69.6%	9.15 17.3%	2.59 4.9%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

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Rialto Unified School District

Apr 7, 2025 thru Apr 11, 2025

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/09/2025																
EL Classroom Breakfast #2	Total	4950														
UBR - BRKFST CINN ROUND	1 EACH	4950	280	5	190	6.29	0.68	29.8	8	0.01	19	5.0	44.0	8.0	3.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4949	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			490	14	377	8.92	0.94	295.5	871	8.80	48 39.5%	14.50 11.8%	84.64 69.1%	9.34 17.2%	3.72 6.8%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Thu - 04/10/2025																
EL Classroom Breakfast #2	Total	4950														
Pancakes, Confetti Bites 2022	pkg	4950	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			364	16	416	6.00	3.78	239.1	2020	123.62	36 39.2%	12.06 13.3%	63.64 69.9%	7.15 17.7%	1.09 2.7%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Fri - 04/11/2025																
EL Classroom Breakfast #2	Total	4950														
Concha, WG PINK '24	1 EACH	4950	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4949	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Base Menu Spreadsheet

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			351	14	277	2.41	1.93	307.0	884	1.84	32	13.69	59.46	7.17	2.16	0.00
% of Calories											37.0%	15.6%	67.8%	18.4%	5.5%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			440	17	372	5.27	1.76	355.9	1189	32.85	47	13.47	77.00	8.39	2.53	0.00
											96.9%	12.3%	70.0%	17.2%	5.2%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	440		350 - 500	100%				
Cholesterol (mg)	17							
Sodium 1 (mg)	372		540	69%				
Fiber (g)	5.27							
Iron (mg)	1.76							
Calcium (mg)	355.9							
Vitamin A (IU)	1189							
Sugars (g)	47	43.08%						
Vitamin C (mg)	32.85							
Protein (g)	13.47	12.25%						
Carbohydrate (g)	77.00	70.01%						
Total Fat (g)	8.39	17.17%						
Saturated Fat (g)	2.53		<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/14/2025																
EL Classroom Breakfast #2	Total	5000														
FRENCH TOAST BAR-2018	1 EACH	5000	290	25	200	3.00	1.80	40.0	105	0.0	21	5.0	47.0	9.0	2.50	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4999	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			520	32	398	6.00	1.80	270.0	1125	0.00	63 48.5%	13.20 10.2%	93.80 72.2%	9.50 16.4%	2.80 4.8%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 04/15/2025																
EL Classroom Breakfast #2	Total	5000														
Cinnis, Mini	1 EACH	5000	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			391	9	457	2.41	1.57	306.4	921	1.84	39 40.4%	13.69 14.0%	64.49 66.0%	8.16 18.8%	2.15 5.0%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/16/2025																
EL Classroom Breakfast #2	Total	5000														
Cluster Brk, Whole Grain '22	1 EACH	5000	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	4999	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			419	9	376	4.93	2.70	340.0	904	0.00	38 36.1%	13.40 12.8%	65.24 62.3%	11.00 23.7%	3.10 6.7%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Thu - 04/17/2025																
EL Classroom Breakfast #2	Total	4950														
CEREAL,MALT-O,Marsh-Mateys'24	BOWL (2 oz.)	4950	210	0	380	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			364	6	586	5.00	18.18	419.1	2020	135.62	48 52.4%	12.06 13.3%	74.64 82.0%	2.15 5.3%	0.09 0.2%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

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Rialto Unified School District

Apr 14, 2025 thru Apr 18, 2025

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/18/2025																
EL Classroom Breakfast #2	Total	4950														
BANA CHOC-CHUNKY MONKE Y 2013	1 EACH	4950	280	15	220	3.00	1.80	20.0	115	0.0	23	5.0	48.0	8.0	3.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	4949	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			455	21	440	3.00	1.80	239.1	1185	30.00	56	14.06	81.64	8.15	3.09	0.00
% of Calories											49.0%	12.4%	71.8%	16.1%	6.1%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			430	15	452	4.27	5.21	314.9	1231	33.49	49	13.28	75.96	7.79	2.25	0.00
											102.1%	12.4%	70.7%	16.3%	4.7%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	430		350 - 500	100%				
Cholesterol (mg)	15							
Sodium 1 (mg)	452		540	84%				
Fiber (g)	4.27							
Iron (mg)	5.21							
Calcium (mg)	314.9							
Vitamin A (IU)	1231							
Sugars (g)	49	45.36%						
Vitamin C (mg)	33.49							
Protein (g)	13.28	12.36%						
Carbohydrate (g)	75.96	70.71%						
Total Fat (g)	7.79	16.32%						
Saturated Fat (g)	2.25	4.71%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Apr 21, 2025 thru Apr 25, 2025

EL Classroom Breakfast #2

Generated on: 4/2/2025 8:18:49 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/21/2025																
EL Classroom Breakfast #2	Total	5000														
Muffins, Choc.-20th Cent '24	1 ea	5000	230	60	370	3.00	1.00	21.4	0	0.0	17	5.0	34.0	8.0	2.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4999	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			460	67	568	6.00	1.00	251.4	1020	0.00	59 51.3%	13.20 11.5%	80.80 70.3%	8.50 16.6%	2.30 4.5%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 04/22/2025																
EL Classroom Breakfast #2	Total	5000														
Burrito,Brk,Egg & Sausage '25	1 each	5000	208	46	399	3.31	2.01	122.6	64	0.99	2	10.35	24.79	7.46	2.53	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			359	55	586	3.72	2.14	389.1	910	2.83	26 29.2%	19.04 21.2%	50.28 56.0%	8.62 21.6%	3.18 8.0%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Apr 21, 2025 thru Apr 25, 2025

EL Classroom Breakfast #2

Generated on: 4/2/2025 8:18:49 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/23/2025																
EL Classroom Breakfast #2	Total	4950														
Waffles, Fun N Fruti '24	pkg	4950	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4949	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			361	44	477	2.41	1.21	275.0	844	1.84	34 38.2%	13.69 15.2%	56.46 62.6%	9.17 22.9%	2.16 5.4%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Thu - 04/24/2025																
EL Classroom Breakfast #2	Total	4950														
Donut, Super Bakery '22	1 EACH	4950	250	5	250	0.50	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			404	11	456	2.50	5.58	419.1	3020	153.63	40 39.3%	13.06 12.9%	56.64 56.1%	11.15 24.8%	3.09 6.9%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

Fri - 04/25/2025																
EL Classroom Breakfast #2	Total	4950														
BREAD,BANANA K-5	1/2 Slice	4950	311	31	166	3.43	1.02	26.2	70	2.94	*27	3.96	45.76	14.21	1.30	*0.00
Juice, apple 4oz. DW-2024	Each(4oz)	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	4950	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Apr 21, 2025 thru Apr 25, 2025

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

Page 3

Generated on: 4/2/2025 8:18:49 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			486	36	387	3.43	1.02	235.3	1040	32.94	*61 *50.3%	12.02 9.9%	80.40 66.2%	14.36 26.6%	1.39 2.6%	*0.00 *0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			414	43	495	3.61	2.19	314.0	1367	38.25	*44 *95.9%	14.20 13.7%	64.92 62.7%	10.36 22.5%	2.42 5.3%	*0.00 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	414		350 - 500	100%				
Cholesterol (mg)	43							
Sodium 1 (mg)	495		540	92%				
Fiber (g)	3.61							
Iron (mg)	2.19							
Calcium (mg)	314.0							
Vitamin A (IU)	1367							
Sugars (g)	44	42.60%			Missing			
Vitamin C (mg)	38.25							
Protein (g)	14.20	13.72%						
Carbohydrate (g)	64.92	62.73%						
Total Fat (g)	10.36	22.53%						
Saturated Fat (g)	2.42	5.27%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Apr 28, 2025 thru Apr 30, 2025

EL Classroom Breakfast #2

Generated on: 4/2/2025 8:21:59 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/28/2025																
EL Classroom Breakfast #2	Total	4950														
Croissant,Sausage & Cheese '25	1 Each	3950	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	5.43	0.16
Craisins, Watermelon	serv. (1.1 6 oz)	1000	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	4950	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			430	34	530	5.36	1.28	332.2	1259	0.00	50 46.1%	17.75 16.5%	67.88 63.2%	9.17 19.2%	4.42 9.3%	0.13 0.3%
Nutrient Guideline			350-500		540										<10.00	

Tue - 04/29/2025																
EL Classroom Breakfast #2	Total	5000														
POP TARTS,W/h.Gr Strawberry-'24	PKG. of (2 ea)	4000	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1000	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			445	9	475	5.30	3.04	427.7	1655	2.21	50 44.9%	11.95 10.7%	87.06 78.3%	4.79 9.7%	2.26 4.6%	0.00 0.0%
Nutrient Guideline			350-500		540										<10.00	

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Rialto Unified School District

Apr 28, 2025 thru Apr 30, 2025

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

Page 2

Generated on: 4/2/2025 8:21:59 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/30/2025																
EL Classroom Breakfast #2	Total	5000														
Sndwich Chx & Sausage 2020	serving	4000	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1000	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	4999	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			293	30	436	3.43	0.88	348.0	928	0.00	27	16.16	41.96	6.12	2.68	0.00
% of Calories											36.2%	22.0%	57.2%	18.8%	8.2%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			389	24	480	4.70	1.73	369.3	1281	0.74	42	15.28	65.64	6.69	3.12	0.04
											97.1%	15.7%	67.4%	15.5%	7.2%	0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	389		350 - 500	100%				
Cholesterol (mg)	24							
Sodium 1 (mg)	480		540	89%				
Fiber (g)	4.70							
Iron (mg)	1.73							
Calcium (mg)	369.3							
Vitamin A (IU)	1281							
Sugars (g)	42	43.17%						
Vitamin C (mg)	0.74							
Protein (g)	15.28	15.70%						
Carbohydrate (g)	65.64	67.43%						
Total Fat (g)	6.69	15.47%						
Saturated Fat (g)	3.12	7.22%	<10.00%					
Trans Fat ¹ (g)	0.04	0.10%						

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.